

**Tidsplan fredag:**

17:05:00 80 m hekk / J-15 Lea Alise Gundersen

17:35:00 110 m hekk / G-17 Tomas Daniel Chernov

18:10:00 200 m / J-17 Nicoline Pallesen Coulson

18:15:00 200 m / G-13 Eirik Markussen, Endre Hartvedt Haugen, Jonas Langeland Andersen, Kristoffer Boge Stenerud

18:30:00 200 m / G-17 Benjamin Taule Lindgren, Tomas Daniel Chernov

18:40:00 200 m / G-18/19 Emil Gundersen, Mats Rosslund Hjørnevik

19:00:00 800 m / J-15 Ingrid Solberg

19:20:00 800 m / G-14 Øyvind Magnus Morstøl

## **Tidsplan lørdag:**

- 10:05:00 60 m hekk / J-10 Alma Olesdatter Hauen, Valentina Brakstad Kristensen
- 10:05:00 Høyde / J-15 Lea Alise Gundersen
- 10:20:00 60 m hekk / G-10 Oliver Bernes-Seim
- 10:20:00 Lengde / J-10 Alma Olesdatter Hauen, Julie Meisterplass Aam, Valentina Brakstad Kristensen
- 10:30:00 Lengde / J-11 Pernille Nøkleby, Selma Persen Haltbakk, Tuva Paulsdatter Sandlund
- 11:05:00 60 m hekk / G-13 Jonas Langeland Andersen, Kristoffer Boge Stenerud
- 11:10:00 Lengde / G-10 Eirik Martinussen, Nikolai Bland Green, Oliver Bernes-Seim
- 11:20:00 Lengde / J-14 Amalie Meisterplass Aam
- 11:25:00 60 m / J-10 Alma Olesdatter Hauen, Julie Meisterplass Aam, Valentina Brakstad Kristensen
- 11:35:00 60 m / J-11 Pernille Nøkleby, Selma Persen Haltbakk, Tuva Paulsdatter Sandlund
- 11:45:00 60 m / J-12 Ida Alvilde Aleberg Næsheim
- 12:00:00 Lengde / G-13 Jonas Langeland Andersen, Kristoffer Boge Stenerud, Oliver Taule Lindgren
- 12:10:00 60 m / J-14 Amalie Meisterplass Aam
- 12:10:00 Liten Ball / J-10 Alma Olesdatter Hauen, Julie Meisterplass Aam, Valentina Brakstad Kristensen
- 12:15:00 60 m / J-15 Lea Alise Gundersen
- 12:20:00 60 m / J-17 Guro Navelsaker Hjeltnes, Nicoline Pallesen Coulson
- 12:30:00 60 m / G-10 Eirik Martinussen, Nikolai Bland Green, Oliver Bernes-Seim
- 12:45:00 60 m / G-11 Aleksander Berentsen, Theodor Eraker
- 13:00:00 Liten Ball / G-10 Eirik Martinussen, Nikolai Bland Green, Oliver Bernes-Seim
- 13:10:00 60 m / G-13 Eirik Markussen, Jonas Langeland Andersen, Oliver Taule Lindgren
- 13:30:00 60 m / G-17 Benjamin Taule Lindgren
- 13:35:00 60 m / G-18/19 Emil Gundersen
- 14:00:00 Lengde / G-11 Aleksander Berentsen, Theodor Eraker
- 14:50:00 1500 m / J-15 Ingrid Solberg
- 15:00:00 1500 m / G-13 Endre Hartvedt Haugen
- 15:00:00 1500 m / G-14 Øyvind Magnus Morstøl

## **Tidsplan søndag:**

10:05:00 40 m / G-10 Oliver Bernes-Seim

10:05:00 Lengde / J-15 Lea Alise Gundersen

10:15:00 40 m / J-10 Alma Olesdatter Hauen, Julie Meisterplass Aam, Valentina Brakstad Kristensen

10:30:00 Høyde / G-10 Oliver Bernes-Seim

10:35:00 100 m / G-13 Jonas Langeland Andersen, Kristoffer Boge Stenerud, Oliver Taule Lindgren

11:00:00 100 m / G-17 Benjamin Taule Lindgren

11:10:00 100 m / G-18/19 Emil Gundersen, Mats Rosslund Hjørnevik

11:30:00 Høyde / G-13 Oliver Taule Lindgren

11:30:00 Lengde / G-17 Benjamin Taule Lindgren

11:40:00 100 m / J-15 Lea Alise Gundersen

11:55:00 100 m / J-17 Guro Navelsaker Hjeltnes, Nicoline Pallesen Coulson

12:15:00 Høyde / J-10 Alma Olesdatter Hauen, Julie Meisterplass Aam, Valentina Brakstad Kristensen

12:15:00 Høyde / J-11 Tuva Paulsdatter Sandlund

12:40:00 400 m / G-18/19 Mats Rosslund Hjørnevik

12:40:00 Lengde / G-18/19 Emil Gundersen

13:00:00 Høyde / J-12 Ida Alvilde Aleberg Næsheim

13:10:00 600 m / J-10 Alma Olesdatter Hauen, Julie Meisterplass Aam, Valentina Brakstad Kristensen

13:10:00 600 m / J-11 Pernille Nøkleby, Tuva Paulsdatter Sandlund

13:40:00 600 m / G-10 Eirik Martinussen, Oliver Bernes-Seim

14:00:00 600 m / G-13 Eirik Markussen, Endre Hartvedt Haugen

14:00:00 600 m / G-14 Øyvind Magnus Morstøl